# **Bnai Shalom Bulletin Volume 5 – Issue 11**

#### Rabbi Adrienne Rubin Cantor Jill Pakman



**July 2025 Tammuz – Av 5785** 

### **SERVICES**

Shabbat Evening Services – Friday, 7:30 p.m., July 4, 11, 18, 25

Shabbat Morning Services – Saturday, 10:00 a.m., July 5 and 19

#### **UPCOMING MEETINGS**

Ritual Meeting – Tuesday, July 8, at 7:00 p.m.

Annual Congregational Meeting – Sunday, July 13, at 10:00 a.m. (see pages 3 and 4 for more details)

### **UPCOMING EVENTS**

Book Club – Sunday, July 6, at 10:30 a.m. (see page 8 for details)

Bingo – Sunday, July 6, at 1:00 p.m. Doors open at 12:00 p.m. (see page 8 for details)

Knitting Club – Wednesday, July 16, at 10:30 a.m.

Coffee and Conversation with the Rabbi – Wednesday, July 16, at 3:00 p.m.

Dinner with the Rabbi – Friday, August 1, at 6:00 p.m. (see page 8 for details)



## A Word From Rabbi Adrienne

Shalom to my Bnai Shalom family!

Ahh, summer! The students (and teachers) in our lives are rejoicing that the school year has ended and their routines have shifted for the next two months. Just as Shabbat is a gift

each week, summer can be a gift, too—an opportunity to do something different.

While the Rabbi in *Fiddler on the Roof* tells us we have a *b'racha*—a blessing—for everything, there is actually no formal *b'racha* for the start of summer! But we can say the *Shehecheyanu*, which we say upon doing something for the first time in a year. There are special blessings for seeing a rainbow, the sea, beauty, natural wonders, even flowers and herbs. While many of us do not regularly say (or even know) these blessings, we can use our own words to appreciate summer and the world around us.

Whether you love the activity of barbecues, pool and beach time, amusement parks, and festivals, or you prefer the quiet reflection of resting in a hammock, exploring hiking trails, or gazing at the summer sky, I hope you will enjoy the gifts of summer this year. In the words of Rabbi Caryn Aviv:

May you slow down to savor the sunlight, let your thoughts meander, give yourself permission to nap in a hammock, ideally with a novel resting on your chest, allow your bare toes to touch grass, sand, and water.

May you explore new places and return to old haunts, gather with friends and fruity drinks, laughing and sharing stories as the sun sinks below the horizon, and crickets begin to sing.

May you smell the lushness of flowers, delight in watching vegetables ripen, eat stone fruits and dripping ice cream, and be present to the wonder of summer unfolding in all its glory.

On a more personal note, this issue marks the end of my first year as your Rabbi here at Bnai Shalom. I have loved serving our special *kehillah k'dosha*—our sacred community—and I continue to be honored with the trust you have placed in me. I look forward to another wonderful year together!

Kol Tuv v'Kayitz Tov - All good things and a good summer,

Rabbi Adrienne:)

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